Weekly Schedule Example

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-11:30 Community Outing: Senior Park Rangers	9:30-11:30 Community Outing: Warm Water Swim	9:30-11:30 Community Outing: Mall Walkers	9:30-11:30 Community Outing: Library	9:30-11:30 Community Outing: Movie Theater
10:30 Euchre (Game Room) 11:30 Cribbage (Game Room)	10:30 Creative Music (Community Room) 1:30 Watercolor (Community Room) 2:30 Woodcraft (Community Room)	10:30 Chair Yoga (Wellness Center) 10:30 Euchre (Game Room) 1:30 Historical Non	10:30 Rhythm & Movement (Florida Room) 1:30 Passport to Botswana (Community Room)	10:30 Mystery Book Club (Community Room) 10:30 Euchre (Game Room)
1:30 Rummy (Game Room) 2:30 Bored Games	3:30 Mindful Meditation	Fiction Book Club (Community Room) 2:30 Scrapbooking	2:30 Cooking Club (Cafe) 3:30 Mindful	1:30 Live Music in the Cafe 2:30 Sensory Art
(Game Room) 3:30 Mindful	(Wellness Center)	(Maker Space) 2:30 Bored Games	Meditation (Wellness Center)	(Maker Space) 2:30 Bored Games
Meditation (Wellness Center)		(Game Room) 3:30 Mindful Meditation (Wellness Center)		(Game Room) 3:30 Mindful Meditation (Wellness Center)